

PSHE Scheme of Learning 2026 - 2027

YEAR 7		YEAR 8		YEAR 9		YEAR 10	YEAR 11
PT	Curriculum	PT	Curriculum	PT	Curriculum	PT Only	PT Only
First Impressions	Parliament	Happiness	Health Services	Happiness	Bank accounts & managing money	What are human rights?	What is phishing?
What shapes who we are?	Political Parties	Mental Health	Health Conditions	Mental Health	Tracking Money	How can we balance human rights?	How do loans and mortgages work?
Self-Esteem	General Elections	Influences	Accidents	Body Image	Money Safety	Do I have the right to say whatever I want?	What are pensions?
Healthy Relationships	My own election	Body Image	CPR/Defibs	Grief	Budgeting	Can protests go too far?	Do I really need insurance?
						Show my privacy be protected at all times?	How are taxes calculated?
						How can ideas about honour affect freedom?	How realistic is pornography?
						How does the law protect bodily autonomy?	How might pornography influence attitude/behaviour?
						How can I optimise my physical health?	How can I maturely end a relationship?
Differences in Families	What do MPs do?	Grief	Vaccinations	Addiction	Consumer Rights	How can I identify meningitis and strokes? Sepsis?	Allow loss of lessons for Mocks
Healthy Friendships	How can we make a change?	Addiction	Vaccinations Assessment	Communication in Relationships	Gambling	What are the wider effects of vaping?	What does stalking look like?
Bullying	What is health?	Units	Technology effects on opinions	Pressure in Relationships	Financial Decisions Assessment	What else should I know about drugs and alcohol? Inc Spiking	When does behaviour go too far?
Cyberbullying Pt 1		Physical Effects of Alcohol Pt 1		Online Relationships Pt 1	Effects of Drugs	What is cancer?	Where can I access sexual health services?
						How can I examine myself?	
						What parts of our bodies can be donated to others? Inc stem cells	
						How are our differences protected by the law?	House Celebrations
Cyberbullying Pt 2	Screen time	Physical Effects of Alcohol Pt 2	News Information	Online Relationships Pt 2		How have attitudes towards sex and gender changed over time?	Intervention
Taking a stand	Sleep	Social Effects of Alcohol	Social Media Effects	Nudes	Why people use drugs	How have attitudes towards sexual orientation changed?	
Equal Rights	Vaping	Peer Pressure with Alcohol	Personal Data	Abuse Signs	Caffeine	How have attitudes towards race changed over time?	
Stereotypes	Teeth	Alternatives to Alcohol	News Reliability	Thoughts/Feeling on Sex	Prescription Drugs	How can I effect change?	
						How can I effect change?	
People with disabilities	Physical Activity	Gangs	Fact Checking News	Condoms	Antibiotics	What is sexual harassment?	Exams
Racism	Personal Hygiene	Knife Crime	News Manipulations	STIs	Steroids	What risks might be involved in sexual acts? Inc drugs and alcohol	
Support Assessment Pt 1		Grooming Pt 1		Democratic Countries Pt 1		What other forms of contraception exist?	
						How can HIV be managed and prevented?	
						How can reproductive health affect every day life?	
Support Assessment Pt 2	Puberty	Grooming Pt 2	Media Effects on the audience	Democratic Countries Pt 2	Laws/Drugs	What factors affect fertility?	Exams
What is a risk?	Menstruation	County Lines	Social Media Bans	Running a country	Drugs Risks	What help is available for those struggling to conceive?	
Safety in my area	Emotional effects of Puberty	Extremism	Trustworthy People	The Cabinet	Drugs Assessment	What options does someone have if they are pregnant?	
Road Safety	Sharing info about Puberty L1	Hate Crimes	Consent	Cabinet Assessment		What happens during pregnancy?	
						Are all parents the same?	
Trainline Safety	Sharing info about Puberty L2		Healthy Romantic Relationships	UK Power		What is foreign aid?	Exams
Water Safety	OAT COMMON ASSESSMENT		OAT COMMON ASSESSMENT	Holding Power to Account	OAT COMMON ASSESSMENT	What is international law?	
House Celebrations		House Celebrations	Commitment	House Celebrations		What does the UK have to do with the Commonwealth?	
						What does the UK have to do with the United Nations?	
						What does the UK have to do with NATO?	
						Allow loss of lessons for Mocks	Exams
						WEX	
						House Celebrations	