

Year 10 AP2 – Dance

How to revise Dance:

- Rehearse your Rhythm Nation dance at home.
- You should look at the skills you have identified as your area for improvement and use the exercises you stated in your coursework on a regular basis.
- Film yourself and watch it back to look at your progress and identify areas to improve.

Additional Information:

- Component 2 Practical Exam Date – 25th March
- Component 2 Coursework due – 11th April

Revision list:

- **Rhythm Nation Key Information:** Choreographic intent, choreographic approach, themes portrayed in the choreography, stimulus, structure, costume, production.
- **Physical Skills:** Control, balance, coordination, extension, dynamics, accuracy, alignment, flexibility, stamina, control, strength, isolation, mobility.
- **Performance Skills:** Facial Expressions, focus & eyeline, confidence, rhythm, timing, stage presence, spatial awareness, movement memory, phrasing.