

Health & Social Care

Revision topics & useful links.

Title	Duration	Tiered?	Topics/ Content	Format
Paper 1	50mins	n/a	Component 3 – Health & Wellbeing	In class assessment

Revision Resources:

Revision Site	Revision Resources - Link for Students Link above is to a OneDrive folder with revision materials in due to no revision websites available for this course.
Exam Specification	Pearson BTEC Level 1/Level 2 Tech Award in Health and Social Care
Past Exam Papers	Not available – New course (Any papers available are being used for mocks and in class practice)

Revision List:

*****Key Info – You will only be completing Q1-15 in the November Mock**

Topic	RAG
Learning Objective A: Factors affecting health & wellbeing (PIES) <ul style="list-style-type: none">• Physical Factors – Inherited conditions, illness & diseases, physical ill health, mental ill health, disability, sensory impairment.• Lifestyle Factors – Nutrition, smoking, alcohol misuse, substance/drug misuse, physical activity (exercise)• Emotional Factors – safe, security, attachment, happiness, contentment.• Social Factors – Supportive/Unsupportive relationships, social inclusion, social isolation/exclusion, discrimination, bullying.• Cultural Factors – Influence of religion, community participation, gender roles, gender identity, sexual orientation, race.• Environmental factors – housing, the home environment, pollution (air, noise, light, water).• Economic Factors – employment situation (employed/unemployed/Retirement), Financial resources (inheritance, savings)	

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<p>Learning Objective B: Life Events and Circumstances affecting health and wellbeing</p> <ul style="list-style-type: none">• Accident & Injury• Physical & mental illness• Relationship changes – new relationships, long-term relationships. Divorce/separation, parenthood, bereavement (loss of someone) <p>Life circumstances – such as moving house, starting or moving schools, exclusion from education, redundancy (no longer needed at your job), imprisonment, changes to standards of living, retirement.</p>	
<ul style="list-style-type: none">• The ways in which a person-centred approach takes into account a unique individual• The importance of a person-centred approach for individuals• The benefits of a person-centred approach for health and social care workers and services	
<ul style="list-style-type: none">• The impact on physical, intellectual, emotional and social health and wellbeing of different types of life event	