

PSHE UPDATES

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Exam Stress Workshop

Dr Maryhan has created a free recorded webinar to help parents support their children in understanding exam stress and pressure, especially for burnout, healthy habit and attitudes & motivation techniques. The webinar gives parents practical strategies on how to support children during the exam season.

[Click here for the link](#)

Gender Identity Services

Dr Hilary Cass has published the final report of the independent review of gender identity services for children and young people. The review, commissioned by NHS England, sets out what is known about young people seeking NHS support around their gender identity. The review makes recommendations on how services and treatments should be delivered to support children and young people questioning their gender identity or experiencing gender dysphoria.

You can read the full report [here](#)

Online Safety Updates

Key findings from Ofcom's media habits report showed that young people are finding it harder to identify what information to trust on social media compared to last year.

Girls are more likely to say they have experienced 'nasty or hurtful' interactions in some online spaces and that children across all age groups perform potentially risky behaviours online.

Children are far more cautious about what they share publicly online and many need further support identifying safe media usage.

Please use this tool [for more support](#)

Online Sexual Abuse

The Internet Watch Foundation (IWF) has published its annual report analyzing the trends and data around child sexual abuse material online in 2023.

Findings from reports show: 275,652 web pages were confirmed to contain child sexual abuse imagery, there was a 25% increase in the number of images involving children aged 7-10 years and of the 275,652 web pages actioned during 2023, 92% were assessed as containing "self-generated" imagery. For the first time, the report shows that 3-6-year-olds are being targeted by "opportunistic" internet predators who manipulate them into sexual activities.

For further support & the report findings, [click here](#)

Vaccination Clinics

The clinics are being held in various locations, the next date for Stoke-on-Trent is: Thursday 30th May 9.30 am - 2.45 pm at Smallthorne Health Centre, Stoke-on-Trent.

Vaccinations available are MMR, (where one or both doses of MMR have not been given) - Reception to Year 11, HPV - for Year 8- Year 11, Tetanus, Diphtheria and Inactivated Polio (Td/IPV) - Year 9 - Year 11 & Meningitis ACWY (MenACWY) - Year 9- Year 11.

To access the service the child/young person must have a booked appointment, this can be done by calling 0300 124 0366, the lines are open Monday-Friday 8.30 am-12.30 pm.

Safeguarding contact information:

DSL: Ssheldon@horizonoat.co.uk

Deputy DSL: ksheldon@horizonoat.co.uk/Jadams@horizonoat.co.uk