

# PSHE UPDATES

Vol 3: March 2024



## Mobile Phones

The government has released non-statutory guidance of the removal of mobile phones during the school day.

We want our student's enjoying life through their own eyes, and not a screen!

More information & guidance can be found here:  
[Mobile Phone Guidance](#)



## Talk Grief

Every young person's grief is as unique as they are.

Powered by Winston's Wish, the UK's first childhood bereavement charity, [Talk Grief](#) is a new dedicated online space for teenagers and young adults (aged 13 to 25) which offers support.

The website has been made by, and for, bereaved teenagers and young adults. It's a space where they share their experiences of what it's really like to grieve at a young age, alongside expert advice from bereavement professionals.



## MMR Vaccines

The Stoke-on-Trent and Staffordshire Integrated Care Board are calling on all parents and carers to make sure their children are up to date with their 2 MMR doses. Measles spreads very easily among those who are unvaccinated, especially in nurseries and schools, and can be a very unpleasant illness. In some children measles can be very serious, leading to hospitalisation and in rare cases tragically can cause death.



## Pharmacy Services

To try and relieve the pressure on General Practice, the Government has introduced the ability for Pharmacists to have greater input in the prevention and treatment of seven specific conditions:

Earache (1-17 years)

Impetigo (1 years and over)

Infected insect bites (1 year and over) Shingles (18 years and over)

Sinusitis (12 years and over)

Sore throat (5 years and over)

Urinary tract infections (UTIs - females aged 16-34 years only)

More information on Pharmacy First can be found here: [Pharmacy First](#)

## County Lines Support

Staffordshire Police and Stoke-on-Trent City Council has produced a letter for parents and carers to help you to feel more confident in discussing county lines with your child.

Parents and carers offer valuable potential gains for safeguarding partnerships, therefore it is essential we provide you with the information to keep your children and young people safe.

The letter is attached in this email.



Safeguarding contact information:

DSL: [Jadams@horizonoat.co.uk](mailto:Jadams@horizonoat.co.uk)/[ltoach@horizonoat.co.uk](mailto:ltoach@horizonoat.co.uk)

Deputy DSL: [ksheldon@horizonoat.co.uk](mailto:ksheldon@horizonoat.co.uk)

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