






Health & Social Care: Revision Resources

| Exam Question Focus | | |
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| The positive or negative effects of factors on health and wellbeing (Q1-7, sometimes Q8 also) | The impact on physical, intellectual, emotional and social health and wellbeing of different types of life event (Q7-10) | Interpretation of physiological data according to published guidelines (Q11) |
| Focused on the potential significance of abnormal readings of physiological indicators in terms of short term or long term risks (Q12) | How lifestyle choices determine physical health (Q13) | Person centred approach to improving health and wellbeing (Q14) |
| How a person's circumstances could affect their ability to follow recommendations for improving health (Q15) | Recommendations and actions that are aimed at improving health and wellbeing (Q16a) | Support available when following recommendations (formal/informal) (Q16b) |
| Barriers and obstacles to following recommendations (Q17a & 17b) | How a person's circumstances could affect an area of their PIES development during a particular life stage (Q18) | |

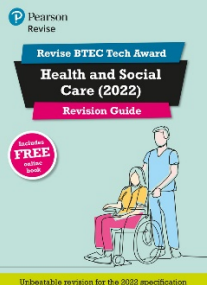
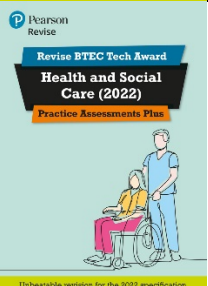

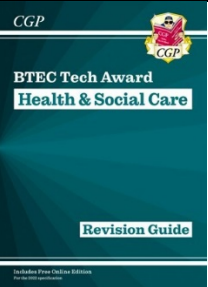

Exam Question Walk Throughs - Delivered by Tutor2U

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|  SCAN ME | Exam paper walk-through - An introduction to the Component 3 exam structure |
|  SCAN ME | Effects of factors and life events on PIES - Support with questions 1-7 |
|  SCAN ME | Physiological & Lifestyle Data - Support for Question 11 |
|  SCAN ME | Person-centred approach - Support for question 14 |
|  SCAN ME | Barriers, Obstacles and Circumstances - Support for question 17a & 17b |

Links to Revision Resources (for purchase)

Below are some links to various revision resources that can be purchased for the Component 3 exam unit. The prices have also been included.

All resources are good, however I have placed them in the order from best/most beneficial to least based on my opinion, but any of these resources would be good. Therefore, have a look at the resources online as many have a quick 'Download Sample' option, and then you may see which suits your learning better.

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|  | <p>Pearson Revise BTEC Tech Award Health & Social Care Revision Guide (2022) - https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care-2022.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson (£6.49)</p> |
|  | <p>Pearson Revise BTEC Tech Award Health and Social Care Practice Assessments Plus (2022) - https://qualifications.pearson.com/en/qualifications/btec-tech-awards/health-and-social-care-2022.resources.html?filterQuery=category:Pearson-UK:Publisher%2FPearson (£6.49)</p> |
|  | <p>Tutor2U - Component 3 Health & Wellbeing Revision Question Cards for BTEC Tech Award in Health & Social Care (2022) https://www.tutor2u.net/hsc/store/component-3-health-wellbeing-revision-question-cards-for-btec-tech-award-in-health-social-care-2022 (£7.95)</p> |
|  | <p>CGP - BTEC Tech Award in Health & Social Care Revision Guide https://www.cgpbooks.co.uk/secondary-books/btec/health-and-social-care/hs2erb1-btec-tech-award-in-health-social (£6.50)</p> |
|  | <p>CGP - BTEC Tech Award in Health & Social Care Exam Practice Workbook https://www.cgpbooks.co.uk/secondary-books/btec/health-and-social-care/hs2eqb1-new-btec-tech-award-in-health-social?c=28534566 (£6.50)</p> |

If any additional resources or videos become available, I will make students aware and share the resources out again.



In addition to the information above, following **Tutor2U HSC** on Instagram as they are doing daily exam questions with answers to support students with their revision.
Remember to look for **Component 3**, as there will be questions relating to some of the Level 3 exams too.

