







PSHE CORE KNOWLEDGE GRIDS – Y8

Unit title		Key words
Term 1A: We will cook <ol style="list-style-type: none"> 1. Know how to work together towards a common goal regarding charity or fundraising. 2. Understand the different team roles. 3. Know how to write an action plan. 4. Log hours and achievements linked to academy social action projects such as the Lou Macari centre in Hanley. 5. Understand how to express yourself in a professional environment and contribute to a shared project. 		<ul style="list-style-type: none"> • Leadership • Teamwork • Communication
Term 1B: Identity and diversity <ol style="list-style-type: none"> 1. Understand that the UK is a diverse community, and that this diversity is a strength not a weakness – community cohesion. 2. Explore individual identity including your own strengths and values. 3. Model tolerance and acceptance – lessons will look at key issues in society regarding LGBTQ+ rights, disability, and race. 4. Understand the effects of social media on health (mental and physical). 5. Know how to spot the signs of radicalisation and where to report this. 		<ul style="list-style-type: none"> • Identity • Radicalisation • Transgender • Bi-culturalism • British values • Protected characteristics
Term 2A: Life in the UK <ol style="list-style-type: none"> 1. Know what British Values are and how they impact our everyday lives. 2. Understand our human rights and how to protect them. 3. Be able to explain the difference between a democracy and a dictatorship. 4. Know the different political parties in the UK. 5. Understand that the rights we enjoy in the UK are not the same across the World. 6. Know that freedom of speech is not freedom from consequences – we must show tolerance and acceptance to all. 7. Explore where the government gets money from and how this is spent. 		<ul style="list-style-type: none"> • Nationality • Human rights • Democracy • Dictatorship • Freedom • Hate speech
Term 2B: Relationships and abuse <ol style="list-style-type: none"> 1. Know the legal age for consent in the UK. 2. Explore the red flags in relationships which can lead to coercive behaviours. 3. Explore the influence that social media has had on body image. 		<ul style="list-style-type: none"> • Body image • Consent • Romantic relationships • Coercive control
Term 3A: Harm <ol style="list-style-type: none"> 1. Understand the psychology behind peer pressure and how to say no. 2. Know what harassment and HSB are and where to report this. 		<ul style="list-style-type: none"> • Peer pressure • Sexual bullying • Harassment • County lines • Nicotine

<ol style="list-style-type: none"> 3. Explore what is meant by county lines and how gangs can coerce young people. 4. Understand how smoking and E-cigs can have a negative impact on health – explore laws and age restrictions around nicotine-based products. 5. Understand the difference between prescription drugs and non-prescription drugs – explore dosage and addiction. 		<ul style="list-style-type: none"> • Prescription drugs • Addiction
<p>Term 3B: Gangs</p> <ol style="list-style-type: none"> 1. Understand what is meant by county lines and be able to spot the signs. 2. Know the negative impacts of drugs. 3. Understand the laws around gangs and knife crime – look at statistics for our local area. 4. Explore the laws around youth violence. 5. Know what is meant by CCE and where to report this. 		<ul style="list-style-type: none"> • Drugs • Psychoactive substances • CCE • Youth violence • Coercive control • Cuckooing