



PSHE CORE KNOWLEDGE GRIDS – Y10

Unit title		Key words
Term 3A: Money <ol style="list-style-type: none"> 1. Explore how to manage personal finances and live off the average wage in our local area. 2. Understand how to manage debt and how to create and keep a credit score. 3. Explore how financial issues can have an impact on mental health. 4. Know where to find help in relation to money issues. 5. Understand the pros and cons of credit cards and loans. 6. Explore savings, mortgages, and ISAs. 		<ul style="list-style-type: none"> • Salary • Tax • VAT • Loan • Credit • Mortgage • LISA • Finance
Term 3B: Money continued and prep for the future <ol style="list-style-type: none"> 1. Understand the impacts of gambling on an individual and their family. 2. Know the signs of depression and explore suicide awareness to empower pupils to help others and value their mental health. 3. Discuss the skills needed in different jobs and which skills from school will be transferable to the workplace. 4. Explore how to prepare for GCSE's in Y11 including revision techniques and how to use healthy coping mechanisms to deal with stress in the run up to exams. 		<ul style="list-style-type: none"> • Gambling • Suicide awareness • Stress • Crisis • Panic attack • Trauma • Stigma