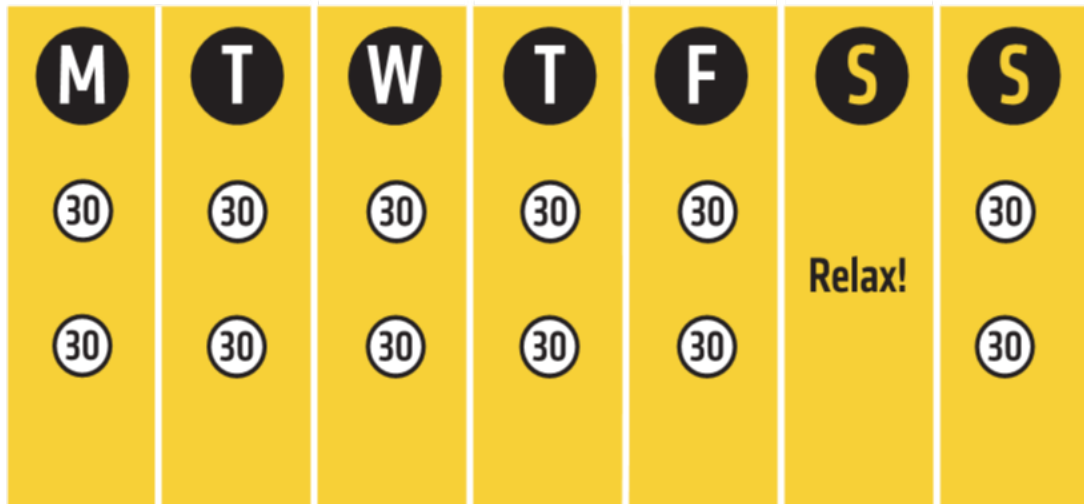


STRUCTURING YOUR REVISION TIME

SPACING out your revision into smaller chunks over time helps you to remember the material better and ensures you are less stressed with your revision. By spacing revision over a longer period, you give yourself more opportunities to retrieve and remember. This means your brain works harder – and you have a chance of remembering.

It is also important to **CHUNK** your revision. This means break your revision sessions down into short, manageable segments of time – 30 minutes is an ideal length for this. Research shows that we remember more from the beginning and end of lessons. By chunking your time, you give yourself multiple opportunities to have that fresh start and crisp finish!

Below is an example of how you could chunk and space your revision:



Another approach is **INTERLEAVING**. This involves switching between ideas and topics during a study session and not revising in single blocks of topics. This ensures that you are not studying one idea or topic for too long. Mixing up your revision and chunking it supports learning and strengthens your memory. The diagram to the right shows this.



Below is an example of how you could chunk, space and interleave your revision:

M	T	W	T	F
MACBETH	UNSEEN POETRY	AN INSPECTOR CALLS	JEKYLL AND HYDE	CREATIVE WRITING
AN INSPECTOR CALLS	JEKYLL AND HYDE	CREATIVE WRITING	MACBETH	UNSEEN POETRY
CREATIVE WRITING	MACBETH	UNSEEN POETRY	AN INSPECTOR CALLS	JEKYLL AND HYDE