

# HOME LEARNING SCHEDULE – YEAR 8

Good morning Year 8,

This is your home learning schedule for the 1<sup>st</sup> February. We have made sure that lost learning is kept to a minimum so please make sure you follow your lesson instructions and complete as much work as possible to the best of your ability.

TIME	LESSON	ACTIVITY
08.40 – 09.40 Period 1	English	Topic: Romeo and Juliet Complete the creative writing task
09.40 – 10.40 Period 2	Science	Watch video links and make notes about <a href="#">elements</a> and <a href="#">compounds</a>
10.40 – 11.40 Period 3	Humanities	Research a historical person and a famous landmark.
12.10 – 13.10 Period 4	Maths <a href="http://www.dr frostmaths.com">www.dr frostmaths.com</a>	Please log on to <a href="#">Dr Frost Maths</a> and complete the activity
13.10 – 14.10 Period 5	PE	Circuit Training Session with video Complete workout then design your own circuit

Any written work can be completed in your learning to learn books

See you back at school on Thursday morning!

If you need anything please feel free to get in touch

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See you back at school on Thursday morning!

Year 8 English Home  
Learning

Topic: Romeo and Juliet

Date: Wednesday 1<sup>st</sup>  
February 2023



Starter questions:

1. What is a mask and why do people wear them?
2. Write down different types of masks and the situations you would wear them in.

Main task:

- In Act 1 Scene 5 of Romeo and Juliet, the Capulets host a 'masquerade ball'. This is where Romeo and Juliet first meet. Research and make notes on 'masquerade balls'.

Creative task:

- Design your own masquerade mask.
- Write a paragraph which corresponds to your design to justify your choice of colours; design; the masquerade ball you would wear it to; attending guests (who would wear the mask?); the food (menu); entertainment and any other relevant details.

## Mask templates



## Suggested designs



# YEAR 8 HOME LEARNING PLAN

## Description of Task

Activity 1

**Historical Person:** find out about a famous person from the past of a country and explain what made them famous. Include photographs and images to help you show this but remember to write what they did and why this is important. Also, movie stars, singers and internet celebrities don't count!

Activity 2

**British Landmark:** Research a famous British landmark and do the following:

- use a map to identify where the landmark is
- describe the history of the landmark – when? who? why?
- Explain why the landmark is important to Britain today.

# YEAR 8 OHA PE LESSON

## Circuit Training

Circuit training is a combination of exercises performed with short rest periods between them for either a set number of repetitions or a set amount of time.

One circuit is when all of the chosen exercises have been completed. Multiple circuits can be performed in one training session.

Circuit training will usually involve 6-12 exercises and should be structured in a way that enables you to keep performing the exercises with good technique and very short rest intervals.

In the below link you will see Joe Wicks use a spinning wheel to design his circuit training workout:

<https://youtu.be/uqLNxJe4L2I>

## Task:

- Click the link and complete the workout at home.
- Design your own circuit.
- Pick 6-12 exercises.
- Decide how long you will work for.
- Decide how long you will rest between each station.
- Decide how many times you will complete your circuit.
- GIVE IT A GO!

