

# HOME LEARNING SCHEDULE – YEAR 10

Good morning Year 10,

This is your home learning schedule for the 1<sup>st</sup> February. We have made sure that lost learning is kept to a minimum so please make sure you follow your lesson instructions and complete as much work as possible to the best of your ability.

TIME	LESSON	ACTIVITY
08.40 – 09.40 Period 1	Humanities (Geography or History)	Geography: Conduct your own research on the causes of uneven development History: Complete the 'How can we improve as historians?' task.
09.40 – 10.40 Period 2	Maths <a href="http://www.dr frostmaths.com">www.dr frostmaths.com</a>	Please log on to <a href="http://www.dr frostmaths.com">Dr Frost Maths</a> and complete the activity
10.40 – 11.40 Period 3	English	Topic: A Christmas Carol Read the extract and complete the tasks given.
12.10 – 13.10 Period 4	Science	Use the sheet attached and complete the forms links given.
13.10 – 14.10 Period 5	PE	Circuit Training Session with video Complete workout then design your own circuit



See you back at school on Thursday morning!

If you need anything please feel free to get in touch

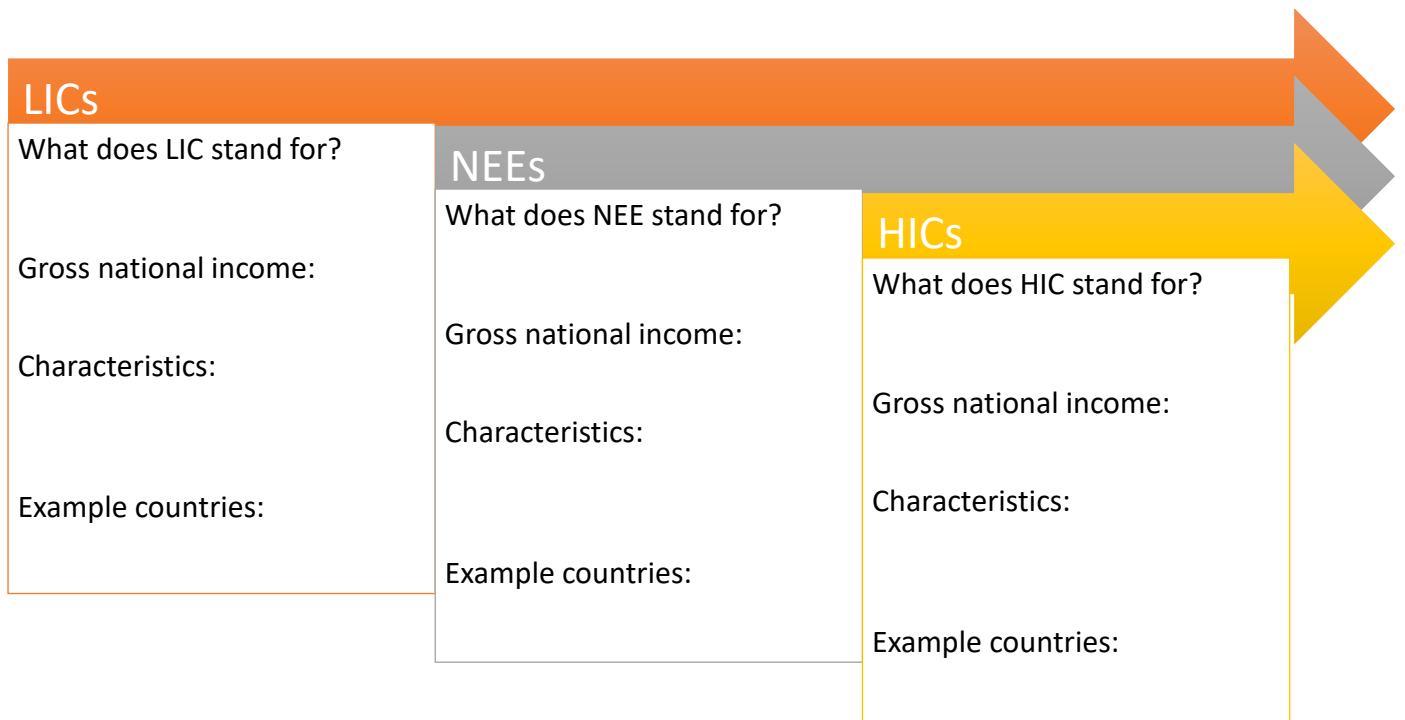
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# YEAR 10 GEOGRAPHY HOME LEARNING PLAN

	Description of Task	Location of Resources	Tick When Completed
Activity 1	<b>Key words revision:</b> Complete the key words sheet with their definitions in your exercise book or on the sheet if you can print it. You may also draw a picture to help you remember these key words. Click on the image to access the sheet.	Worksheet 	
Activity 2	<b>Causes of Uneven Development:</b> Conduct your own research on the causes to find out how aid on causes of uneven development. You may fill in your own copy of the worksheet or use the sheet to help you write it in your exercise book. Click on the image to access the sheet.	Worksheet 	

<b>Development</b>	Development were a country is going up ion the economy.
<b>Low income countries</b>	Low income country is a country that doesn't have that much money or does have e good health care.
<b>Newly emerging economies</b>	The country is gaining money and is becoming a hic.
<b>High income countries</b>	Is a county with lots of money like uk,us in a HIC they have good health care and less death rate.
<b>Social measures of development</b>	
<b>Economic measures of development</b>	
<b>Demographic transition model</b>	
<b>Development gap</b>	Development gap
<b>Industrial structure</b>	
<b>Transnational Corporations</b>	
<b>International aid</b>	
<b>Quality of life</b>	
<b>Globalisation</b>	
<b>Deindustrialisation</b>	
<b>Post-industrial economy</b>	
<b>Infrastructure</b>	



Lic is a low income country like Mexico and Kenya

# Uneven Development

There are significant variations in levels of development across the world. There are physical, economic and historical causes of this. Explain these causes on the diagrams below.

## Physical causes of uneven development

Weather and climate

Relief

Landlocked countries

Tropical environments

Water shortages

## Economic causes of uneven development

Poverty

Trade

## Historical causes

HOW CAN WE IMPROVE AS HISTORIANS?

Use your folder and any revision materials you have produced to answer the questions below.

QUESTION

Explain two consequences of California Gold Rush (1849).

[8 marks]

QUESTION

Explain the importance of Brigham Young in the migration to and settlement of the Great Salt Lake by the Mormon people in the late 1840s.

[8 marks]

A SIMPLE CRITERIA FOR JUDGING IMPORTANCE

<b>Change:</b> Did this cause change at the time that it happened?	<b>Improvement:</b> Did this improve a lot of people's lives or make them worse?	<b>Ideas:</b> Did this help to develop new ideas or change people's minds?
<b>Impact:</b> Did this have a lasting impact on their country or the world?	<b>Example:</b> Is this event a good or bad example to other people how to live or behave?	<b>Scale:</b> How far did the event reach? Did it last for a long time? Did it impact lots of people?

QUESTION

Write a narrative account analysing why Americans went West in the years 1836-1849. You may use the following in your answer:

- The Oregon Trail
- California Gold Rush

You must also use information of your own

[8 marks]

A SIMPLE PLAN FOR WRITING A NARRATIVE

DATE → FACT → SEQUENCING CONNECTIVE → DATE → FACT → SEQUENCING CONNECTIVE → DATE → FACT

## Year 10 English Home Learning

### Topic: A Christmas Carol

Date: Wednesday 1<sup>st</sup> February 2023

#### Starter Task:

1. Write down three epithets (adjectives) to describe Scrooge.
2. What is one simile to describe Scrooge?
3. What is Scrooge a construct for in the novella?
4. What is Scrooge's opinion of people in poverty?

#### Task one:

Read the extract: A description of Scrooge (Stave I)

Oh! But he was a tight-fisted hand at the grind-stone, Scrooge! A squeezing, wrenching, grasping, scraping, clutching, covetous, old sinner! Hard and sharp as flint, from which no steel had ever struck out generous fire; secret, and self-contained, and solitary as an oyster. The cold within him froze his old features, nipped his pointed nose, shrivelled his cheek, stiffened his gait; made his eyes red, his thin lips blue and spoke out shrewdly in his grating voice. A frosty rime was on his head, and on his eyebrows, and his wiry chin. He carried his own low temperature always about with him; he iced his office in the dogdays; and didn't thaw it one degree at Christmas.

#### Task two:

Write a summary about what is happening in the extract. What is it about?

#### Task three:

Explode the following quotations based on how Scrooge is presented in the extract:

'A squeezing, wrenching, grasping, scraping, clutching, covetous, old sinner!'

'solitary as an oyster'

'he was a tight-fisted hand at the grind-stone'

# **YEAR 10 SCIENCE HOME LEARNING**

## **PLEASE COMPLETE THE FOLLOWING QUIZZES**

### **BIOLOGY**

<https://forms.gle/e4BYZfeWDJ24FvaB8>

<https://forms.gle/NbwYZN2bze7ehJTH9>

### **CHEMISTRY**

<https://forms.gle/7J448R94uaX7AyUZ9>

<https://forms.gle/kD3PMYFEPnAZcYcG6>

### **PHYSICS**

<https://forms.gle/JqeNmLdfW8tgtR9H6>

# YEAR 10 OHA PE LESSON

## Exercise and Mental Health

You already know that exercise is good for your body. But did you know it can also boost your mood, improve your sleep, and help you deal with depression, anxiety, stress, and more?

Exercise is a powerful depression fighter for several reasons. Most importantly, it promotes all kinds of changes in the brain, including neural growth, reduced inflammation, and new activity patterns that promote feelings of calm and well-being. It also releases endorphins, powerful chemicals in your brain that energize your spirits and make you feel good. Finally, exercise can also serve as a distraction, allowing you to find some quiet time to break out of the cycle of negative thoughts that can feed depression.

In the below link you will see Joe Wicks completing a 10-minute feel good workout:

<https://youtu.be/2Q06BFvKCEM>

In the below link you will see Joe Wicks completing a more challenging workout to really improve a range of components of fitness:

[https://youtu.be/Og\\_f0\\_QO\\_Ko](https://youtu.be/Og_f0_QO_Ko)

## Task:

- Pick your workout
- Click the link and complete the workout at home.
- Now design your own workout.
- Pick 6-12 exercises.
- Decide how long you will work for.
- Decide how long you will rest between each station.
- Decide how many times you will complete your circuit.
- GIVE IT A GO!

